

# GRACENOTES

THE MONTHLY NEWSLETTER OF GRACE EVANGELICAL LUTHERAN CHURCH

## From the Pastor

By Paul H. Pingel



*In the fifteenth year of the reign of Emperor Tiberius, when Pontius Pilate was governor of Judea, and Herod was ruler of Galilee, and his brother Philip ruler of the region of Ituraea and Trachonitis, and Lysanias ruler of Abilene, during the high priesthood of Annas and Caiaphas, the word of God came to John son of Zechariah in the wilderness. (Luke 3:1-2)*

A couple of weeks into the new Church Year, the Season of Advent, and just a few weeks away from Christmas, we will encounter this Good News from Luke. It may not sound like Gospel; it's almost like a list from an encyclopedia, or a Wikipedia article after Googling "Rulers at the time of John the Baptist."

If you take the time to read a little into Wikipedia, you'll find this list is a group of powerful people. They lived lavish lifestyles; their accomplishments were grand; their use of political power ruthless, and for the sake of punishment and revenge as well as making the Empire more powerful. Herod and Philip were sons of Herod the Great, the king who, according to Matthew, killed all the babies of Bethlehem under the age of two as he tried to eliminate the threat he perceived Jesus to be to his power. Annas and Caiaphas were members of a powerful Jewish family that controlled the high priesthood of Israel with the support of Herod's family.

Luke dares to declare that it is in the midst of these powerful people that *the Word of God came to John son of Zechariah in the wilderness.*

*(Continued on page 2)*

At our 125<sup>th</sup> Anniversary Celebration, Bishop Humphrey in his sermon did not shy away from the Gospel lesson of the day from Mark 13 in which Jesus talks about the destruction of the Temple, of things not going well, of confusion, politics, war and natural disasters. Even in the midst of celebration, and even in the midst of a troubled world, Bishop Humphrey noted, we come up against what really matters in the face of the world we live in. And what matters is Jesus.

Advent, we say almost every year, is a counter-cultural act in the midst of “the Holiday Season.” All this Advent talk of “keeping alert” and of “distress among nations” (Advent 1), and names of people we can’t pronounce in the midst of 24/7 Christmas music, and another sale to be aware of. And yet we are all too aware of the world that surrounds us. 14,000 GM workers face the unsettling “Holiday” news that their jobs will likely be terminated, and a whole handful of cities and towns will experience a wholesale change as thousands in their communities will no longer have their livelihood. Regardless of what you think of our current immigration situation, the stories that come to us from our borders have thought-provoking parallels to the story of Mary, Joseph and Jesus: forced to flee to Egypt (Matthew 2), homeless at the time of Jesus’ birth and forced from their home by

actions of the government (Luke 2). For others the reality of surgery, or cancer treatments, or family problems cause trouble and uncertainty and pain.

A Word must be spoken beyond the words we hear from GM, or the president, or the government, or some famous family or person to find a way of hope in this world we live in. Luke names all these powerful people, but it is the Word of God that announces a way forward:

*Prepare the way of the Lord.* That’s Jesus. In Luke’s gospel, Jesus’ ministry announces good news to the poor, the rich sent away empty, sight to the blind, the year of God’s favor. Like the disciples who first heard about the story of angels announcing God’s *Peace on Earth*, or the parable of the Good Samaritan, and like those who asked John at the river side “*what should we do?*” (Luke 3:7-18 on Advent 3), our task as faithful people in the year of President Trump, Governor Northam, Mayor Short, the Kardashians and Ellen, and Pope Francis is to hear God’s clear answer in the midst of the world we live. And receive it as the Good News it is in the midst of the world we’re living in.

# Highlights of Congregation Council Meeting

## November 20, 2018

Pastor's Report – Blessings of Grace – God's Foundation for the Future  
A fair amount of energy has been spent on the 125<sup>th</sup> Anniversary Celebration. A number of people working on the History, Communications, Reception, Worship and Music, etc. All of these people are Blessings of Grace and the 125<sup>th</sup> Anniversary Day was evidence of the time and energy given. There has been a healthy focus on the Foundation for the Future God has for us, and it's my prayer that this remains our focus as year 126 begins for Grace. Plans for classes on baptism with drawings of various types of baptisteries that would be appropriate for our facility.

Ron Almarode presented the proposed 2019 budget which would require a reduction in expenses and salaries. Council suggested a second appeal to reconsider your pledge, provide a special gift, or keep your commitment.

Mission Outreach is planning a Mission Trip to Danville with other local Lutheran Churches on December 3 to 7. This area sustained hurricane damage in October. Members can participate for one day or one week.

Pastor has accepted an invitation to preach at Christ Tabernacle Church of God in Christ on December 9 at 10:30 a.m.

During Advent, the Wednesday morning and Thursday evening Bible Study groups will meet with a group from St. John Roman Catholic Church to study the gospel readings for Advent. We will meet at Grace at 12:00 noon. Bring a bag lunch if you wish.

Wednesday prayer services with reflections from Martin Luther on the meaning of Christmas are scheduled to begin at 7:00 p.m. as follows: November 28 at Grace, December 5 at Zion, December 12 at St. James, December 19 at Bethlehem.

Respectfully submitted,  
Deloris Wertman

# Parish Nurse's

## Health Corner

By Marlene Shaw

### Healthy Holidays in 2018!

As we speed past the end of the summer it's clear that the holidays are here again. Holidays are a time for celebration with everyone we love but can be a challenge for many families when trying to stay healthy. With all of the extra food and beverages around many of us may gain unwanted pounds during the holidays which we may never lose! With this in mind, here are some tips and suggestions for staying on track and keeping good health during this holiday season.

#### Survival Tips for the Holidays:

- Maintain your schedule: Even on holidays and days off from work try to maintain your normal routine for meals and exercise habits. Maintaining your normal schedule will help you once the holiday rush is over and you have to get back into your regular schedule.
- Going to Parties:
  - \* Don't show up hungry (then you're likely to over eat once you get there)
  - \* Put the healthy options on your plate first, then there will be less room for unhealthy options
  - \* Always bring a healthy dish that you enjoy.

- \* A lot your alcohol intake (alcohol has lots of calories)
- Managing your Workplace:
  - \* Always pack healthy snacks that you will eat instead and have around to avoid junk foods
  - \* Try to keep communal candies and goodies out of sight
  - \* Budget your sweets and treats at work and throughout the day, so you can still enjoy the things you like!
- Managing the Shopping Trips:
  - \* Don't go shopping on an empty stomach, you're likely to buy more if you do
  - \* Plan out your grocery list and stick to it
- Managing Party Meals:
  - \* Take healthy portions sizes so you can try a little of everything
  - \* Wait for all of the food to be on the table before you make your final selections
  - \* Fill your plate with healthy items first
  - \* Sit with others that also have healthy eating habits

Comparing Two Meals- Healthy or not? 2,000 calories =

- 1 slice pumpkin pie (1/8 of pie)
- 1 cup Egg nog
- 1 cup Sweet potato casserole
- 1/2 cup Cornbread stuffing
- 1-ounce Cranberry sauce
- 1 cup cheese grits and corn pudding
- 3/4 cup Green beans with bacon
- 1 cup Mashed potatoes with gravy
- 3 ounces roast turkey

500- 700 calories meal might consist of:

Fill half of your plate with low-starch vegetables and greens

Have a 3 oz. portion of meat/ turkey (about the size of a deck of cards)

Fill the rest of the plate with 1/4 to 1/2 cup portions of stuffing, cranberry sauce, and other favorite items.

Don't be too hard on yourself and heavily restrict. Enjoy all your favorite foods and beverages in moderation!

Plan time for Exercise: Try to get a little exercise even if you can't go to the gym or don't have time for your normal workout

Examples of fitting in exercise with little time:

- When you have a few minutes to spare try a *You-Tube* OR a Fitness App with 10-minute exercise routines.
- One example of a quick and effective workout would be: doing each exercise listed below for 30 seconds, then rest for 10 seconds--
  - o Warm Up- March in Place
  - o Wall-Sit
  - o Push-Ups
  - o Crunches
  - o Step-Ups
  - o Squats
  - o Running in Place
  - o Lunges
  - o Cool-Down and stretch

- Take a walk at lunch or on a break! Try to pack a lunch some days so you have time for a 10-20 minute walk.
- Errand-running and cleaning can count as aerobic activities!
- When going to shop park far from the door so you get in extra steps!
- • Try to listen to music and make chores/cleaning more enjoyable
- Keep on Track: Try to record what you are eating. It will help you see what you are doing right and what need to be improved!

Choose Your Indulgences:

- During the holidays there are so many unique seasonal goodies.
- Try to enjoy them when they are around and save the year round treats for after the holidays.
- Allow yourself a few treats at outings and parties, cutting out all sweets might lead to a binge eating session in the future. If you're worried about the extra calories you can balance your diet by avoiding that extra coffee, have a smaller portion at dinner or have a piece of fruit for your snack instead of that bag of chips.

Remember that **MODERATION and BALANCE** are the keys to a healthy holiday season! Enjoying what you want in smaller amounts will help you stay healthy and happy in the rest of the year. Happy holidays!

# Thank You

What an amazing blessing, complete surprise and undeserved honor you gave me on the 18th. I received many more “happy birthday” wishes that Sunday than on all my previous 82 birthdays put together. Seeing so many great folks who were there had already made it an outstanding day.

Grace Church has always been such a blessing to us since we came to Waynesboro in the 60's. Many thanks for providing one more special memory.

Peggy Lucas

*North Lancaster Conference Disaster Response Team*

c/o Conference Dean's Fund  
80 Gockley Road  
Stevens, PA 17578

Grace Evangelical Lutheran Church  
500 S. Wayne Avenue  
Waynesboro, VA 22980-4836

October 22, 2018

Dear Friends at Grace Evangelical Lutheran Church,

Please accept my sincere appreciation for your generous donation of \$125.00 towards the costs of our upcoming disaster response trip to Puerto Rico. It is greatly appreciated as it will reduce the personal costs of 25 volunteers who will be traveling to Puerto Rico to help rebuild the island following Hurricane Maria. It has been estimated that it will take at least ten years to rebuild Puerto Rico and that is assuming that they are not victims of future storms during those ten years. Obviously, we intend to do all that we can, for as long as we can, to help. Your generous tax-deductible contribution helps make that possible!

Thank you again for your support!

Peace,



The Rev. Glenn A. Beard, Jr.  
Coordinator, Lower Susquehanna Synod Lutheran Disaster Response Network

## Odds and Ends



**Grace Lutheran will again have the Giving Tree** for needy families at Christmas. We have received names of families from the Salvation Army. The Tree is in the back of the Nave. Please take one or more tags, sign your name and the gift tag taken to the book, and purchase gift. **Return wrapped gift with original tag attached to the Church by Sunday, December 16th**. If you have any questions regarding your gift ornament, please contact Jane Stein 943-3327 or Sharon Lynch 943-4294. Thanks for your support in helping these families to have a Happier & Blessed Christmas.

**Clean Water in Honor of Gail Johnson!** We're please to report that **\$850** has been given by Grace in honor of Gail Johnson and her 40+ years service as Sunday School Superintendant! Added to what has been collected during Sunday School, as many as *500 Families* will now be able to enjoy safe water from a new water well in their community!

**Invitation to Share our Unity in Christ - *Sunday, December 9th***, Pastor Paul has been invited to preach at Christ Tabernacle Church of God in Christ in Basic. You are invited to come and worship as well at Christ Tabernacle, with worship beginning at 10:30 a.m. This is a part of congregations in the Waynesboro area learning to grow in faith and love and knowledge with one another, so that the Church will be one, as "the Father and Son" are one (cf. John 17:11ff). *Note: there will also be regular 10 a.m. worship at Grace, if you are unable to go to Christ Tabernacle.*

## Odds and Ends Continued

### **Called Congregation Meeting at Grace Sunday, December 16th—**

There will be a called Congregation Meeting for the purpose of approving the 2019 Grace Budget after Worship, Sunday, December 16th. Please plan on staying for this important meeting in the life of Grace Congregation. Look for a copy of the budget to be sent either electronically or by U.S. Mail by this coming Thursday.

### **Volunteers Needed for WARM's Cold Weather Shelter January 21**

**to 28**—Grace will be hosting the WARM's Cold Weather Shelter the week of January 21th to 28th and we need volunteers to support and staff the shelter at Grace. We need help with check in host from 6:00 p.m. to 9:00 p.m. and overnight hosts from 9:00 p.m. to 7:00 a.m. This year we will need only two overnight hosts per night of operation and we can use couples as overnight hosts or you may have a friend or member that you would like to coordinate with for hosting. The hosts take turns sleeping during the evening with one host staying awake at all times. Check in hosts assist WARM staff with nightly registration and other tasks. We also need help with meal preparation and serving the evening meals. Please contact Jerry Kite at 910-3372 or [jerrykite@ntelos.net](mailto:jerrykite@ntelos.net) if you have questions. Please see signup sheet on the table in the back of the church.

**Kettle Ringers needed this Holiday Season** - The Salvation Army is in *desperate* need of Kettle Ringers at various locations in the Waynesboro area! If you can help, please let the Church Office know at your earliest convenience, or you can call Patty directly at the Salvation Army, 943-7591 ext. 101.

### **Winter Celebration Virginia Synod Youth Event at Eagle Eyrie -**

Friday, January 18 - Sunday, January 20 - This year Pastor will be the Chaplain for the event, which is for 9th - 12th graders from all the Lutheran congregations in Virginia. It's a great weekend, and is held at Eagle Eyrie outside of Lynchburg, VA. As we have over the years, Grace pays for 2/3, and asks for 1/3 of the cost from families - \$50/student. The early bird cost (\$50) ends December 18th, so we need to put our paperwork in by then. See <https://www.vasynod.org/event/winter-celebration/> or <https://www.vasynod.org/wp-content/uploads/2016/03/registration-form-WC2019.pdf>



## Odds and Ends Continued

### **A message by Brad Keefer about the major exterior updates to church property in 2018.**

Remember the church was built in 1958, that makes it 60 years old.

In the Spring, we had masons to re-point the stone faced areas of the building. The stone is a soft stone and absorbs moisture, therefore from time to time it requires big maintenance. We also had two coats of a clear sealer applied by paint rolls to protect the surface from absorbing moisture and to help in extending the life of the stones and mortar joints.

The masons also told us that the three concrete edges of the Cross Tower had deteriorated so badly, that it would not be cost effective to repair them as masonry structures. Therefore we had the three edges wrapped with a heavy metal covering to protect them from future deterioration. The work was done by Excel Steel of Harrisonburg.

Due to the heavy rains we noticed that the storm drains on the south end of the building were not working. We tried Roto Rooter but that did not solve the problem. Ronnie Ritchie Company dug up the drain lines to find out that the original Terra Cotta piping had collapsed. We replaced the drain lines with PVC piping and connected the two roof down spouts drains, the three drains in the Youth Room window well, and the piping from the sump pump, which is in the bottom of the elevator shaft. The drain line empties out at the curbing of the parking lot.

The yellow bushes on the bank along 13th street keep dying. Waynesboro Garden Center will replace them with new plants, which will be more hardy. This project will be funded out of T & M Funds.

Council has been making plans to have the parking lot resurfaced this year, but due to wet weather, the installers told us to wait until next Spring , to repave the lot and driveways and reline the parking spaces.

As you can tell, these projects have been very expensive and have drained our emergency funds, which needs to be refunded. If you can help with additional funds, they would be greatly appreciated. You can use your weekly offering envelope by filling in the amount on the Building Fund side of the envelope.

I was pleased that the city removed the six dying elm trees along our curb and sidewalk. I had requested for several years to either cut out the dead limbs or remove the trees for safety reasons.

## Odds and Ends Continued

Friends, brothers and sisters in Christ at Grace Church - greetings from Rurrenabaque, Bolivia!

It's hard to believe that we have already been in Bolivia for three months and that more than 25% of the year we've planned has already passed. In advance of our visit to Virginia for the Christmas holiday, we wanted to take this opportunity to update you all with news of our work here in Bolivia. We hope that we can take advantage of our visit back Virginia to update you all in more detail in-person, but for now here is the latest news...

In the past few months we have experienced massive changes in our lives in Bolivia. After a month of getting up to speed with our local partner organization Soluciones Practicas in their main office in La Paz, we moved to the other side of the mountains to a little town called Rurrenabaque where SP has a small field office. Rurrenabaque is nestled at the toe of the Andes mountains at a wide opening where the steep river canyon of the Beni River, a tributary of the Amazon, transitions into a vast low-lying plain which continues north all the way to the border with Brazil. Rurrenabaque's location along the River Beni and strategic connection to La Paz and other major cities via a mostly paved road makes it an ideal location for a field office.

Since we have arrived, our work has mostly been focused on water. That is, to say, improving and troubleshooting existing water supply systems, providing training for Soluciones Practicas staff and community members on proper system sanitization and water treatment, and designing new water delivery systems. We have also developed proposals to be submitted to various aid organizations and local governments for needed infrastructure improvements, and designed a wastewater treatment system for a community of 20 families nearby Rurre.

Our transport to job sites is usually via boat, normally taking the form of what looks like a giant canoe with outboard motor. Although these boats appear very different than what we are accustomed to in the states, they are remarkably stable, comfortable, and are especially adept at navigating through the River Beni's strong currents and sometimes shallow, snaggy water. Journeys to our communities up and down the River Beni are normally anywhere from 20 minutes to 4 hours. These communities are mostly indigenous Takana and Quechua speaking peoples with varying degrees of available resources, basic infrastructure, and connectivity to the modern world.



*A fine way to get to work in the mornings :)*

Much of our time and engineering efforts lately have been focused in a small indigenous community called Puerto Yumani. This community has been waiting a long time to see forward progress on a potable water system. After years of seeking outside assistance, and a previous failed attempt to construct a modern drilled-well water supply system, Puerto Yumani is now finally putting shovels to the ground for a new potable water design. We have been the design engineers for a new water supply project which uses shallow hand-dug wells instead of drilled wells. The idea is the use shallow wells to avoid groundwater in deeper layers contaminated with high levels of iron and manganese. More on the Puerto Yumani project details and challenges were written up in our last blog which can be found online here: <https://caminosdetierra.org/2018/10/12/why-were-here-puerto-yumani/>



***(Left) Onlookers in the Puerto Yumani community watch as concrete is poured into the forms to make structural rings for the new wells. (Right) Men from the community lowering a concrete ring into the well.***

Though there have been many challenges associated with this project, there have also been many hopeful conversations, and much progress has been made since we first arrived. For the longest time, the Puerto Yumani project was heading in the direction of implementing a very complex computer-controlled filtration plant to treat the highly contaminated water from the existing deep well, constructed by a company out of La Paz. Since then, we have had some very productive conversations regarding appropriate technologies for a community where the highest offered level of education offered is through the 8th grade, and our thoughts and concerns about what this community and others like it will be able to sustain were well received. Ultimately, a decision was made to opt for rugged simplicity with our shallow well design which will allow for local community members to operate and maintain the system, and for local sourcing of replacement parts and materials.

If successful, the new design for Puerto Yumani will set a precedent for similar iron and manganese contamination problems in neighboring communities, as this is an endemic issue for this region. This project has already been a tremendous learning experience for all involved, and will better equip Soluciones Practicas staff for future water projects.

Upon completion of the Puerto Yumani work at the end of November, our plan for the next several months is to focus on identifying repairs and improvements needed for existing water systems in up to 14 communities in the Rio Beni region. We will be traveling with field staff and making assessments for each existing water system, which will then be used for a series of proposals to be submitted in April. One thing we hope to improve on the larger-scale is the provision of *actual* potable water, and to change the perception that providing raw water without treatment is sufficient for safe pathogen removal.

The hope is that future funding will be secured to make the necessary improvements for these communities to have access to potable drinking water for the foreseeable future, utilizing sustainable technologies and adopting more climate-resilient strategies.

## Advent/Christmas at Grace

**Grace Lutheran will again have the Giving Tree** for needy families at Christmas. We have received names of families from the Salvation Army. The Tree is in the back of the Nave. Please take one or more tags, sign your name and the gift tag taken to the book, and purchase gift. **Return wrapped gift with original tag attached to the Church by Sunday, December 16th**. If you have any questions regarding your gift ornament, please contact Jane Stein 943-3327 or Sharon Lynch 943-4294.

**Advent Begins Next Sunday, December 2nd** - *"Prepare the way of the Lord!" John the Baptist cries out! What does that look like in 21st Century America? It's our faithful task to find out as we enter our 126th year as God's people here at Grace!*

**Wednesday Advent Bible Study with St. John Roman Catholic** - at Grace, 12:00 noon, beginning **November 28th**, and meeting all Wednesdays during Advent: **December 5th, 12th and 19th** - Every Sunday we share the same gospel reading with over 1 billion Christians, including our Roman Catholic brothers and sisters! We meet together to consider together what these words of Good News mean for us in our daily lives this Advent Season. Bring a bag lunch if you'd like for this 50 minute "lunch break!" (This class takes the place of our other Weekday/night Bible Studies during Advent)

**Wednesdays in Advent** - *Evening Prayer with Reflections from Martin Luther on the meaning of Christmas. We share these worship services with our Lutheran neighbors in the Waynesboro area:*

- **November 28** - at Grace Evangelical Lutheran Church, 7:00 p.m.
- **December 5** - at Zion Lutheran Church, 7:00 p.m.
- **December 12** - at St. James Lutheran Church, 7:00 p.m.
- **December 19** - Annual Blue Christmas Worship Service at Bethlehem 7:00 p.m.

## Advent/Christmas at Grace Continued

**Youth Christmas Party at Salem Lutheran Church, Mt. Sidney - Sunday, December 2nd, 4:00 - 6:00 p.m.** - complete with gag gift exchange, Advent/Christmas devotions, and a meal together. If it helps, we'll meet at Grace at 3:15 p.m. to drive together.

**Children/Youth Christmas Caroling - Sunday, December 16th;** visiting homebound members of Grace, giving them cookies and singing the Good News of Christmas to them through favorite carols. Then, a Christmas gathering at the Pingel home afterward! Time to start should be after Christmas decorating, 4 p.m. We are joined by children of all ages for this event, so hope to have a good crew to bring "comfort and joy" to those we meet.

**Christmas Decorating!** - *This annual Sunday activity transforms our worship space in preparation for Christmas Eve and will take place Sunday, December 16th.*

**Christmas Eve - December 24th, 5:00 p.m.** - *Our annual tradition of telling the Story and "building" the manger with the help of families and children, and a festival worship of carols, anthems and the sharing of Holy Communion continues this year.*

# December Calendar of Events

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
25	26	27	28	29	30	1 <b>9:00 a.m.</b> Disciples' Kitchen Basic United Methodist Church  <b>2:00 p.m.</b> Paul Posey's Funeral Service
2 <b>1st Sunday in                      Advent</b>  <b>9:00 a.m.</b> Sunday School <b>9:30 a.m.</b> Worship Choir <b>10:00 a.m.</b> Holy Communion  <b>4:00—6:00                      p.m.</b> Youth Christmas Party at Salem Lutheran  <b>7:00 p.m.</b> Called Council Meeting	3	4 No Quilting	5 <b>12:00 Noon</b> Pastor's Bible Study (Conf. Room)  <b>7:00 p.m.</b> <b>Advent                      Service</b> <b>Zion                      Lutheran</b>  <b>7:00 p.m.</b> Handbell Choir  <b>7:30 p.m.</b> Worship Choir	6 <b>9:00 a.m.</b> <i>Backpacks</i>  <b>12:30 p.m.</b> Bridge Club (Fellowship Hall)	7	8
9 <b>2nd Sunday in                      Advent</b>  <b>9:00 a.m.</b> Sunday School <b>9:30 a.m.</b> Worship Choir <b>10:00 a.m.</b> Holy Communion Cynthia Long Preaching  <b>10:30 a.m.</b> Pastor Paul Pingel Preaching at Christ Tabernacle	10	11 <b>9:30 a.m.</b> Quilting (Fellowship Hall)	12 <b>12:00 Noon</b> Pastor's Bible Study (Conf. Room)  <b>7:00 p.m.</b> <b>Advent                      Service</b> <b>St. James                      Lutheran</b>  <b>7:00 p.m.</b> Handbell Choir  <b>7:30 p.m.</b> Worship Choir	13 <b>9:00 a.m.</b> <i>Backpacks</i>  <b>12:30 p.m.</b> Bridge Club (Fellowship Hall)	14	15

## December Calendar of Events

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p style="text-align: right; margin: 0;"><b>16</b></p> <p><b>3rd Sunday in Advent</b></p> <p><b>9:00 a.m.</b> Sunday School</p> <p><b>9:30 a.m.</b> Worship Choir</p> <p><b>10:00 a.m.</b> Holy Communion</p> <p><b>Congregational Meeting (Budget)</b></p> <p><i>Church Decorating</i></p> <p><b>4:00—6:00 p.m.</b> <b>Youth Caroling</b></p>	<p style="text-align: right; margin: 0;"><b>17</b></p> <p><b>6:00 p.m.</b> Kiwanis (Conference Room)</p>	<p style="text-align: right; margin: 0;"><b>18</b></p> <p><b>9:30 a.m.</b> Quilting (Fellowship Hall)</p> <p><b>7:00 p.m.</b> Council (Fellowship Hall)</p>	<p style="text-align: right; margin: 0;"><b>19</b></p> <p><b>12:00 Noon</b> Pastor's Bible Study (Conference Room)</p> <p><b>7:00 p.m.</b> <b>Advent Service</b> <b>Blue Christmas</b> <b>Bethlehem Lutheran</b></p> <p><b>7:00 p.m.</b> Handbell Choir</p> <p><b>7:30 p.m.</b> Worship Choir</p>	<p style="text-align: right; margin: 0;"><b>20</b></p> <p><b>School Holiday</b></p> <p><b>8:30—11:30 a.m.</b> Newcomers (Fellowship Hall)</p> <p><b>12:30 p.m.</b> Bridge Club (Fellowship Hall)</p>	<p style="text-align: right; margin: 0;"><b>21</b></p> <p><b>School Holiday</b></p>	<p style="text-align: right; margin: 0;"><b>22</b></p>
<p style="text-align: right; margin: 0;"><b>23</b></p> <p><b>4th Sunday in Advent</b></p> <p><b>9:00 a.m.</b> Sunday School</p> <p><b>9:30 a.m.</b> Worship Choir</p> <p><b>10:00 a.m.</b> Holy Communion</p>	<p style="text-align: right; margin: 0;"><b>24</b></p> <p><b>Christmas Eve</b></p> <p><b>School Holiday</b></p> <p><b>5:00 p.m.</b> <b>Christmas Eve Service</b></p>	<p style="text-align: right; margin: 0;"><b>25</b></p> <p><b>Christmas</b></p> <p><i>Church Office Closed</i></p> <p><b>School Holiday</b></p>	<p style="text-align: right; margin: 0;"><b>26</b></p> <p><i>Church Office Closed</i></p> <p><b>School Holiday</b></p>	<p style="text-align: right; margin: 0;"><b>27</b></p> <p><b>School Holiday</b></p> <p><b>12:30 p.m.</b> Bridge Club (Fellowship Hall)</p>	<p style="text-align: right; margin: 0;"><b>28</b></p> <p><b>School Holiday</b></p>	<p style="text-align: right; margin: 0;"><b>29</b></p>
<p style="text-align: right; margin: 0;"><b>30</b></p> <p><b>1st Sunday of Christmas</b></p> <p><b>9:00 a.m.</b> Sunday School</p> <p><b>9:30 a.m.</b> Worship Choir</p> <p><b>10:00 a.m.</b> Holy Communion</p>	<p style="text-align: right; margin: 0;"><b>31</b></p> <p><b>School Holiday</b></p> <p><b>New Year's Eve</b></p>	<p style="text-align: right; margin: 0;"><b>1</b></p> <p><b>New Year's Day</b></p> <p><i>Church Office Closed</i></p> <p><b>School Holiday</b></p>				

# Worship Assistants

December 2	December 9	December 16	December 23	December 24	December 30
<b>Preaching &amp; Presiding</b> Pastor Paul Pingel	<b>Preaching &amp; Presiding</b> Rev. Cynthia Long	<b>Preaching &amp; Presiding</b> Pastor Paul Pingel	<b>Preaching &amp; Presiding</b> Pastor Paul Pingel	<b>Preaching &amp; Presiding</b> Pastor Paul Pingel	<b>Preaching &amp; Presiding</b> Pastor Paul Pingel
<b>Assisting Minister</b> Tripp Franklin	<b>Assisting Minister</b> Brian Lundstrom	<b>Assisting Minister</b> Ron Almarode	<b>Assisting Minister</b> Karla Rankin	<b>Assisting Minister</b> Robin Crowder	<b>Assisting Minister</b> Donna Gum
<b>Communion Assistants</b> Brodie Franklin Jerry Kite	<b>Communion Assistants</b> Gail Johnson Marlene Shaw	<b>Communion Assistants</b> Robin Crowder Bill Meicke	<b>Communion Assistants</b> Carrie Jones Donna Gum	<b>Communion Assistants</b> Cathy Crowder Robert Shaw	<b>Communion Assistants</b> Lily Pingel Karla Rankin
<b>Ushers</b> Bill Meicke Tom Carper Chris Carper Pat Brady	<b>Ushers</b> Bob Moyer E. G. Rankin Zachary Rankin Fred Biggers Jerry Kite	<b>Ushers</b> Marge Cloutier Linda Meyer Jean Morgan Marlene Shaw	<b>Ushers</b> Ron Knicely Dwight Moomaw Robert Shaw	<b>Ushers</b> Ron Almarode Rick Bump Jack Eckstrom Carrie Jones Brad Keefer Lee Lynch Dave Proctor	<b>Ushers</b> Bill Meicke Tom Carper Chris Carper Pat Brady
<b>Greeter(s)</b> Deloris Wertman Tyler Wertman	<b>Greeter(s)</b> Joe and Joan Ranzini	<b>Greeter(s)</b> Brian and Diane Lundstrom	<b>Greeter(s)</b> Dick and Linda Tomey	<b>Greeter(s)</b>	<b>Greeter(s)</b> Dick and Linda Tomey
<b>Offering Stewards</b> Sharon Lynch Kate Van Bremen	<b>Offering Stewards</b> Ernestine Moomaw Eleanor Sampson	<b>Offering Stewards</b> Pat Brady Bob Shumate	<b>Offering Stewards</b> Sharon Lynch Kate Van Bremen	<b>Offering Stewards</b> Ernestine Moomaw Eleanor Sampson	<b>Offering Stewards</b> Pat Brady Bob Shumate
<b>Acolyte</b> Thea Franklin	<b>Acolyte</b> Karley Hull	<b>Acolyte</b> Brodie Franklin	<b>Acolyte</b> Kaitlyn Hull	<b>Acolyte</b> Brodie Franklin	<b>Acolyte</b> Quinn Franklin
<b>Cup Gatherer</b> Donna Marshall	<b>Cup Gatherer</b> Jean Morgan	<b>Cup Gatherer</b> Donna Marshall	<b>Cup Gatherer</b> Logan Miller	<b>Cup Gatherer</b> Quinn Franklin	<b>Cup Gatherer</b> Thea Franklin
<b>Altar Guild</b> Jane Stein	<b>Altar Guild</b> Jane Stein	<b>Altar Guild</b> Lisa Gray	<b>Altar Guild</b> Kathy Meicke	<b>Altar Guild</b> Jean Morgan	<b>Altar Guild</b>
<b>Altar Flowers</b>	<b>Altar Flowers</b> Pete and Pat Giesen	<b>Altar Flowers</b> Gene and Jan McCombs	<b>Altar Flowers</b> Ingrid Sevigny	<b>Altar Flowers</b> Gail Johnson	<b>Altar Flowers</b>
<b>Nursery</b> Jean Morgan Susie Driskill	<b>Nursery</b> Tripp and Jean Franklin	<b>Nursery</b> Lisa Gray	<b>Nursery</b> Jill Pingel	<b>Nursery</b>	<b>Nursery</b> Kim Hull Jane Stein
<b>Council Member of the Week/ Sunday School Support</b> Linda Meyer	<b>Council Member of the Week/ Sunday School Support</b> Gordon Putnam	<b>Council Member of the Week/ Sunday School Support</b> Marlene Shaw	<b>Council Member of the Week/ Sunday School Support</b> Rudolph Yobs		<b>Council Member of the Week/ Sunday School Support</b> Robin Crowder



## Nursing Home, Assisted Living and Homebound Members

<p><b>Allan and Genevieve Arneson</b> 220 Adventure Trail Waynesboro, VA 22980</p>	<p><b>Mary Bertelson</b> Summit Square 501 Oak Avenue Apartment 400 Waynesboro, VA 22980</p>	<p><b>Jimmy and LizAnn Binns</b> 9281 Dick Woods Road Afton, VA 22920</p>
<p><b>Jean Brower</b> Oak Grove Manner 8 Rainbow Lane Waynesboro, VA 22980</p>	<p><b>Morris Elliott</b> The Lodge at Old Trail The Seasons, Room 115 330 Claremont Lane Crozet, VA 22932</p>	<p><b>Maribeth Faivre</b> Summit Square 501 Oak Avenue Waynesboro, VA 22980</p>
<p><b>Faye Glover</b> Curis Waynesboro 1221 Rosser Avenue Waynesboro, VA 22980</p>	<p><b>Phyllis Kite</b> 57 Skyline Avenue Stuarts Draft, VA 24477</p>	<p><b>Bob and Carol Knemoller</b> Summit Square 501 Oak Avenue Apartment 316 Waynesboro, VA 22980</p>
<p><b>Shirley Krizovsky</b> White Birch Estates 847 Oakwood Drive, Room 33 Harrisonburg, VA 22801</p>	<p><b>Janet Lunger</b> Summit Square 501 Oak Avenue, AL-4 Waynesboro, VA 22980</p>	<p><b>Polly McKinley</b> The Legacy 1410 A North Augusta St. Apt. 2029 Staunton, VA 24401</p>
<p><b>Glen &amp; Flossie Myers</b> 104 Patton Farm Road Apartment 361 Stuarts Draft, VA 24477</p>		<p><b>Pete Rufe</b> Summit Square Healthcare 501 Oak Avenue Waynesboro, VA 22980</p>

## December Birthdays

12/5 Jane Blosser	12/6 Holly Carper	12/8 Sandy Johnson
12/9 Pat Giesen	12/12 Judith Goodrich	12/13 Deloris Wertman
12/15 Beth Ann Doerring	12/16 Donna Dodge	12/17 LizAnn Binns
12/17 Kathy Meicke	12/17 Richard Quickel	12/20 Dwight Moomaw
12/21 Zach Bandy	12/21 Chuck Goodrich	12/23 Pat Brady
12/31 Jorge Martinez	12/31 Jenna Smith	

## December Baptisms

12/06 Kara Beth Glover	12/10 Amanda Moyer	12/10 Zach Rankin
12/10 Jessica Smith	12/11 Sloane Franklin	12/11 Jackie Walter
12/17 Leslie Sweet	12/20 Ron Almarode	12/20 Margaret Quickel
12/23 Emily Crowder Lawson	12/23 Hunter Walck	12/26 David Brower
12/26 Sam Moyer	12/27 Elizabeth Stelling	12/? Peggy Lucas
12/? Jean Morgan	12/? Dottie Sheaffer	12/? Kristen Spooner
12/? Cindy Trauscht	12/? Mike Trauscht	

## Financial Barometer

As of October 2018

<b>Financial Barometer</b>	<b>YTD Actual</b>	<b>YTD Budget</b>	<b>Difference</b>
<b>1. Pledge/Giving of Record/Faith</b>	\$211,566	\$225,968	-\$14,402
<b>2. Total Budget Receipts</b>	\$224,474	\$242,646	-\$18,172
<b>3. Total Budget Disbursements</b>	\$235,326.	\$245,483	-\$10,156



## Members of Grace Ministers



**Robin Crowder, President**

Linda Meyer, Vice President

Deloris Wertman, Secretary

Jack Eckstrom, Pete Giesen, Kim Hull, Carrie Jones,  
Jerry Kite, Gordon Putnam, Marlene Shaw, Rudolph Yobs

Hannah Pingel/Laura Shaw  
Youth Co-Representatives

Ron Almarode, Treasurer

Donna Marshall, Assistant Treasurer

Charles Goodrich, Financial Secretary

## Grace Church Sunday School Teachers

CLASS	LOCATION	TEACHERS
<b>Pre-K-K</b>	Lower Level	Deloris Wertman Sarah Beth Kite
<b>Grades 1-3</b>	Lower Level	Amy Warren Jane Blosser
<b>Grades 4-5</b>	Lower Level	Jill Pingel Jane Stein
<b>Grades 6-8</b> <i>Catechism</i>	Lower Level	Pastor Pingel Fred Biggers Marlene Shaw Robin Crowder (SUB)
<b>Senior High</b>	Lower Level	Linda Meyer Antoinette Eckstrom
<b>Adult</b>	Upper Level	Gordon Putnam

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**Grace Evangelical Lutheran Church**  
500 South Wayne Avenue  
Waynesboro, VA 22980

LABEL



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 [youtube.com/GraceEvangelicalLutheranChurchWaynesboro](https://youtube.com/GraceEvangelicalLutheranChurchWaynesboro)

[www.gracewaynesboro.org](http://www.gracewaynesboro.org)

**E:** [gracelc@lumos.net](mailto:gracelc@lumos.net)

**T:** 540.949.6171 / **F:** 540.949.0940

## Church Staff

**The Rev. Paul Pingel**  
Pastor

**Nancy Dowdy**  
Administrative Secretary

**Mike Myers**  
Director of Music & Organist

## Church Office Hours

Mon–Thu: 8:30 a.m.–2:00 p.m.  
(Lunch 12:00 – 12:30 p.m.)  
Friday: 8:30 a.m.—Noon